



Thank you for your interest in joining the Calgary Rams Rugby Club!

We are excited to welcome you into our rugby family.
Please follow the steps below to ensure you are ready for the 2023 rugby season.

Registration Process:

1. Sign up for communication and team schedules:
<https://go.teamsnap.com/forms/360366>
2. Parents must complete the “Respect in Sports for Parents” course (~ 1 hour) every 5 yrs.
Keep your certificate, as the RIS certificate # is necessary for the next step.
https://rugbyalberta-parent.respectgroupinc.com/koala_final/
3. Pay the registration fee for the team:
<https://reg.sportlomo.com/club/canada/albertarugby/calgaryrugby/rams>
4. Sign up for required volunteer shifts:
<https://www.signupgenius.com/go/70A0B48A9AD2BABFC1-volunteer>

Team/Club Communication

All Team/Club communication, practice, game times and Updates will be through Team Snap.
Check out our social media accounts for other club-wide updates.

Facebook: <https://www.facebook.com/CalgaryRams/>

Instagram: <https://www.instagram.com/calgaryrams/?hl=en>

Equipment

Registered players will receive Ram's socks, T-shirts and shorts.
Players are responsible for always bringing soccer/rugby cleats, water and a mouthguard.
Jerseys will be available on game days.

Volunteering Commitment

Pick Volunteer position(s).

<https://www.signupgenius.com/go/70A0B48A9AD2BABFC1-volunteer>

Each registered player or a proxy (i.e. caregiver) must complete one of the following:

1. Team Supporting position for the season (i.e. team manager, coach, etc.)
2. Volunteer Shifts at Stampede Sevens/Bingos/Marathon/Others
Senior players are required to participate in 3 volunteer shifts
3. Opt out by paying \$150.00 to Calgary Rams Rugby Club
 - Send an e-transfer to treasurer@calgaryramsrugby.com with the comment “volunteer opt out: player name
 - OR include payment in your SportLomo registration

Do not hesitate to contact your program's VP. if you have any questions.

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We will see you at the rugby pitch!
- The Rams